

For Your Ears Only

June 2008

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Dear Friends, welcome to *Ears to Hear's* second quarterly newsletter! We hope you will enjoy hearing from us. We'll let you know about upcoming events, new technology, and some just plain fun. There will be a copy on the website as well. Just let us know if you would like to receive yours via email.

Dr. Denise

Announcements

Dr. Denise is happy to announce the newest arrival to our family:
UNITRON

Battery-Mart

Join our popular battery club:
40 premium batteries for \$12.00 AND all purchases go towards your next set of hearing aids! These are available at our store (no mail order). While you are here have us clean and maintain your hearing aids for FREE.

Reminder

Maintaining your present hearing aids can help them last longer and sound better. Come in for:

- Free Adjustments
- Free in depth cleaning
- Free yearly hearing tests

Aural Rehabilitation—Learning to Listen Again

Hearing is a more complicated process than most of us realize. Our ears bring sounds to the brain, but the brain must process those sounds to be meaningful. After a prolonged period of poor hearing, our brains need to relearn various tasks that most people take for granted.

Processing is the task of sorting out what the sounds are, and what they mean. This all happens automatically. Was that “s” or “sh”? Was it a “v” or a “f” sound? This ability to discriminate between sounds can be lost when the brain is deprived of them for a significant time. Sometimes it can relearn, and sometimes not.*

Attention is the task of concentrating on what is being said, and picking it out from background noise and competing voices, as in a restaurant.

Memory helps us not lose track in a longer sentence.

We are very happy to provide our patients with a wonderful new rehabilitation program—**L.A.C.E.**— which is a course of computer based listening exercises—physical therapy for your ears! This program is available for purchase on the web for \$149.00, but we provide it **free** with many of our hearing aid purchases. You can work the program at you home on your computer, or at our office. Reports are automatically sent to me to monitor your progress. It's a other way I can help you hear your family and friends better, and enjoy life.

* This is one of the reasons to get help for your hearing early on—before significant discrimination is lost



Dr. Denise Nugent

California Telephone Access Program

On May 14 I spoke at “Landmark” in Huntington Beach, and screened the residents for hearing loss. Michelle helped them fill our their forms for the **CALIFORNIA TELEPHONE ACRESS PROGRAM**, I certified them eligible, and they will receive **free amplified telephones**, from our State. Call our office for more information on this wonderful program

Continued.....

Call for your free hearing exam and consultation (714) 754-7777



Hearing Aids and Technology

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We Listen - You Hear



Upcoming Events

June 26 1-3:30 p.m.
July 31 1-3:30 p.m.
Aug 28 1-3:30 p.m.
Sept 25 1-3:30 p.m.

Come join us for our monthly **Classic Movie Afternoons**. June 26th we will be showing "ALL ABOUT EVE" starring Bette Davis and Ann Baxter. Light refreshments will be served. Please call **714-754-7777** to reserve your seats, and for future titles.



Ingredients:

1 (10 inch) angel food cake
2 (8 ounce) packages of cream cheese, softened
1 cup white sugar
1 (8 ounce) container frozen whipped topping, thawed
1 quart fresh strawberries, sliced
1 (18 ounce) jar strawberry glaze

Summer Recipes

Strawberry Angel Food Dessert

Directions:

1. Crumble the cake into a 9x13 inch dish
2. In a medium bowl, mix cream cheese and sugar until light and fluffy. Fold in whipped topping. Mash the cake down with your hands and spread cream cheese mixture over cake
3. In a bowl, combine strawberries and glaze until strawberries are evenly coated. Spread over cream cheese layer. Chill until serving.

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